

**BREAKFAST: 6:30 – 10 a.m.**  
**LUNCH: 11 a.m. – 2 p.m.**  
**CLOSED: 2 – 3 p.m.**

**GRILL ONLY: 3 – 4 p.m.**  
**DINNER: 4 – 7 p.m.**  
**GRILL ONLY: 7 – 9 p.m.**

(Items subject to change.)

Monday, March 18	Tuesday, March 19	Wednesday, March 20
<p><b>Featured:</b> Chicken Cordon Bleu <b>Beef Lo Mein</b> Ruebens <i>Smoked Red Pepper Gouda</i></p> <p><b>Sides:</b> Stir Fry Vegetables Green Beans Egg Rolls Blackeye Peas Au Gratin Potatoes <i>Peach Cobbler</i></p>	<p><b>Featured:</b> Cajun Chicken Pasta Fish &amp; Chips Smoky BBQ Burger <i>Potato Soup</i></p> <p><b>Sides:</b> Red Potatoes Lima Beans Squash Casserole <b>Spinach</b> <b>Sicilian Blend</b> <i>Cherry Cobbler</i></p>	<p><b>Featured:</b> <b>Roast Pork w/ White Rice &amp; Black Bean Salsa</b> Country Fried Steak w/ White Gravy Chicken Quesadillas <i>Vegetable Soup</i></p> <p><b>Sides:</b> Shoepg Corn Mashed Potatoes Green Beans <b>Okra &amp; Tomatoes</b> Southwestern Egg Rol <i>Pecan Cobbler</i></p>
Thursday, March 21	Friday, March 22	Saturday, March 23
<p><b>Featured:</b> <b>Chopped Steak w/ Peppers &amp; Onions</b> Chicken Broccoli Casserole Bang Bang Shrimp Tacos <i>Lobster Bisque</i></p> <p><b>Sides:</b> <b>Sautéed Green Beans w/ Tomatoes</b> Mashed Potatoes Gravy Fried Onion Petals <b>Carrots</b> <b>Brussels Sprouts</b> <i>Apple Cobbler</i></p>	<p><b>Featured:</b> BBQ Pork Fried Catfish w/ Hushpuppies Buchanan's Patty Melt <i>Chicken Orzo Soup</i></p> <p><b>Sides:</b> Baked Beans Green Beans Fried Okra <b>Sautéed Broccoli</b> Cut Corn <i>Blackberry Cobbler</i></p>	<p><b>Featured:</b> <b>Chopped Steak w/ Peppers &amp; Onions</b> Chicken &amp; Dumplings <i>Chicken Sausage Gumbo</i></p> <p><b>Sides:</b> AuGratin Potatoes Fried Squash Green Beans <b>Sautéed Mushrooms</b> <i>Peach Cobbler</i></p>
Sunday, March 24	Served Every Day:	Healthy Tips:
<p><b>Featured:</b> Sliced Roast Beef Fish &amp; Chips <i>Broccoli &amp; Cheese Soup</i></p> <p><b>Sides:</b> Green Beans Mashed Potatoes <b>Baby Carrots</b> <b>Turnip Greens</b> <i>Strawberry Cobbler</i></p>	<p>Breakfast Daily Hamburgers Cheeseburgers <b>Hot Ham &amp; Cheese</b> <b>Hot Turkey Sandwich</b> Fish Sandwich <b>Chicken Salad Sandwich</b> <b>Tuna Salad Sandwich</b> Pimento Cheese Bologna Sandwich <b>Grilled Chicken</b> <b>Veggie Burgers</b></p> <p><b>Cold Ham or Turkey Sandwich</b> <b>Salad Bar</b> Soup of the Day Assorted Desserts Cobbler of the Day French Fries Onion Rings Chicken Fingers <b>Yogurt Shooters</b> <b>Baked Potato</b> <b>Baked Sweet Potato</b></p>	<p><b>Items in red are healthier choices.</b> <b>March is National Nutrition Month.</b> This month take the opportunity to clean up your breakfast. Breakfast gives you energy to start the day. Get the morning nutrition you need with these low-fat breakfast picks: oatmeal with cinnamon and raisins from the hot bar, plain yogurt with fruit and high fiber cereal from the salad bar, a veggie omelet with whole wheat toast from the grill. Power up with a healthy breakfast and you're off to a great start!</p>

