



AUTHORIZATION FOR RELEASE OF INFORMATION

Section A: Must be completed for all authorizations

I hereby authorize the use or disclosure of my health information as described below. I understand the information disclosed pursuant to this authorization may be subject to redisclosure by the recipient and no longer protected by federal privacy regulations.

Patient Name: _____ Date of Birth: _____

Social Security: _____ Phone: _____

Persons/organizations providing the information:

Name: _____

Address: _____

City, State, Zip: _____

Organizations receiving the information:

Williamson Medical Group

4323 Carothers Parkway, Suite 505

Franklin, TN 37067 Fax: 615-435-7352

What is the purpose of the use or disclosure? **At the request of the Individual**

Section B: Must be completed only if the healthcare provider has requested the authorization

- Will the healthcare provider requesting the authorization receive financial or in-kind compensation in exchange for using or disclosing the health information described above? ___ Yes No
- Information to be disclosed: The information to be disclosed includes only those items checked below, with respect to services provided on or around NEXT APPOINTMENT DATE.

<input type="checkbox"/> Entire Medical Record	<input type="checkbox"/> Lab/Pathology results	<input type="checkbox"/> HIV/AIDS test results
<input type="checkbox"/> Discharge summary	<input type="checkbox"/> Diagnostic reports	<input type="checkbox"/> Alcohol/Drug treatment
<input type="checkbox"/> History and physical exam	<input type="checkbox"/> ER visit	<input type="checkbox"/> Other (specify): _____

Section C: Must be completed for all authorizations

I understand that I have the right to refuse to sign this form and that my refusal will not result in the physician conditioning the provision of healthcare with two exceptions: 1. Refusal to sign this authorization, if it is for disclosure of information created for research that includes treatment, may result in the physician declining to provide the research-related treatment. 2. Refusal to sign this authorization, if it is for disclosure of information created for the sole purpose of disclosure to a third party, may result in the physician declining to provide the healthcare which is for the sole purpose of creating protected health information for disclosure to a third party.

I understand that I may revoke this authorization at any time by sending a written notice to the Medical Group. However, the revocation will not have any effect on any uses or disclosures the Medical Group may have made before the revocation was received. I understand that unless I revoke the authorization earlier, this authorization will automatically expire six (6) calendar months after the date this authorization is signed. I understand that I may refuse to sign this Authorization and that the Medical Group will not condition treatment on whether I sign this Authorization.

I certify that I am:

- The patient and the identification that I provided is true and correct.
- The patient's authorized representative, and that the identification and proof of authority that I have provided are true and correct.
My relationship to the patient is that of: _____

Signature: _____ Date: _____

Print Name: _____

WMG USE ONLY:

Date Received:	
How was identity verified:	Copy Made? <input type="checkbox"/> Yes <input type="checkbox"/> No
How was authority verified:	Copy Made? <input type="checkbox"/> Yes <input type="checkbox"/> No
Completed by: _____	Date: _____



PATIENT PERMISSION FORM

I, _____, give Williamson Medical Group permission to
(please check all that apply):

Call my: Home Phone _____
 Cell Phone _____
 Work Phone _____

Leave a message on my: Home Phone
 Cell Phone
 Work Phone

Regarding: Appointments
 Medical Conditions
 Lab work, test results, etc.

May discuss my medical condition with:

Other preferences: _____

Patient or Legal Guardian's Signature: _____ Date: _____



PATIENT INFORMATION/SLEEP HISTORY FORM

FAX: (615) 435-7729

NAME: LAST FIRST MIDDLE SS#

ADDRESS: STREET CITY STATE/ZIP CODE

PHONE: HOME OTHER DATE OF BIRTH AGE

HEIGHT WEIGHT SEX: MARITAL STATUS

EMERGENCY CONTACT(S)

NAME PHONE RELATIONSHIP

NAME PHONE RELATIONSHIP

EMPLOYER/OCCUPATION

INSURANCE CO. INS. POLICY #

IF APPLICABLE: MEDICARE # MEDICAID #

REFERRING PHYSICIAN PHONE

ADDRESS: STREET CITY STATE/ZIP CODE

FAMILY PHYSICIAN PHONE

NAME OF PERSON COMPLETING QUESTIONNAIRE, IF OTHER THAN THE PATIENT

NAME PHONE RELATIONSHIP

CHIEF COMPLAINTS: What are your major complaints related to sleep & wakefulness and how long have you had them?

Blank lines for patient response to chief complaints.



I. SLEEPINESS

YES NO

- 1. Are you excessively sleepy during the day? YES NO
- 2. Do you fall asleep or have to fight sleep while
 - a. Sitting quietly YES NO
 - b. Driving YES NO
 - c. Riding YES NO
 - d. Talking YES NO
 - e. Eating YES NO
 - f. Standing YES NO
 - g. Talking on the phone YES NO
- 3. Do you take scheduled naps during the day? YES NO

II. SYMPTOMS DURING SLEEP

1. Circle any of the following symptoms that you currently have when sleeping or trying to sleep.

- | | | | |
|---------------|-----------------|----------------|--------------------------------|
| Toss & Turn | Fall out of bed | Bed wetting | Nightmares |
| Heartburn | Sour belches | Pain | Irresistible urge to move legs |
| Regurgitation | Night sweats | Teeth grinding | Leg jerking |
| Cold feet | Sleep walking | Sleep talking | |

2. Circle any of the following that you experience during sleep.

- | | | | |
|--------------|--------------------------|-----------------|------------------------------|
| Choking | Making whistling sounds | Gasping for air | Waking yourself with snoring |
| Loud snoring | Struggling to breathe | Stop breathing | Sleeping with mouth open |
| Snorting | Waking up with dry mouth | | |

3. Do you snore in all positions? _____ in not, when? _____

III. SLEEP HABITS

- 1. What time do you usually go to bed? _____
- 2. How long does it usually take you to fall asleep? _____
- 3. How many times do you awaken at night? _____
- 4. Why do you awaken at night? _____
- 5. Do you have trouble returning to sleep? _____



SLEEP HABITS CONTINUED

- 6. What time do you usually wake in the morning? _____
- 7. How do you wake up in the morning? (alarm clock, ect.) _____
- 8. What time do you usually get up in the morning? _____
- 9. Do you usually sleep longer when you don't have to get up? If so, How long? _____
- 10. How many hours of actual sleep time do you think you get each night on average? _____
- 11. Upon awakening in the morning, do you feel: **Completely Rested or Partially Rested or Not Rested at All**
- 12. Do you frequently have 2 headache during the night or in the morning?
- 13. Do you take anything to help you sleep? _____ What? _____

IV. NARCOLEPSY

YES NO

- 1. As you fall asleep or wake up, do you have vivid lifelike visions? YES NO
- 2. When you are angry or excited, do you have sudden weakness or have any part of your body to go limp? YES NO
- 3. As you are trying to go to sleep or wake up, do you ever have an inability to move? YES NO
- 4. Have you ever driven or traveled somewhere and did not remember how you got there? YES NO

V. TREATMENT

Have you ever been treated for your sleep problems? If so, explain: _____

IV. PSYCHOLOGICAL

Circle any of the following symptoms that you have to an excessive degree:

- | | | | |
|-------------------|--------------------------|-------------------|------------------|
| Fatigue | Inability to concentrate | Memory impairment | Family problems |
| Anxiety | Depression | Irritability | Loss of appetite |
| Suicidal thoughts | Change in personality | | |

VII. SEXUALITY

YES NO

- 1. Is your sex drive normal? YES NO
- 2. Men: 2) Are your erections normal? YES NO
- b) Do you sometimes have erections when you wake up in the morning? YES NO



VIII. WEIGHT

- 1. What do you weigh now? _____
- 2. How long have you weighed this amount? _____
- 3. What did you weigh one year ago? _____

IX. MEDICAL HISTORY

- 1. Do you have high blood pressure? _____
- 2. Have you ever had a problem with or surgery on your tonsils, adenoids, nose or throat? _____

- 3. Do you have a thyroid condition? _____ If so, what? _____

4. List any chronic medical conditions that you have.

- 1. _____ 2. _____
- 3. _____ 4. _____
- 5. _____ 6. _____

5. List any surgery or injuries that you have had.

- 1. _____ 2. _____
- 3. _____ 4. _____
- 5. _____ 6. _____

6. List any drugs to which you are allergic.

- 1. _____ 2. _____
- 3. _____ 4. _____
- 5. _____ 6. _____

7. List any drugs that you take regularly. Include over the counter medications, hormones, birth control pills, etc.

- 1. _____ 2. _____
- 3. _____ 4. _____
- 5. _____ 6. _____

8. When was your last complete physical examination? _____ By whom? _____

9. Did you have blood work done? _____

10. Have you had thyroid function studies? _____



X. SOCIAL AND FAMILY HISTORY

- 1. Do you smoke? _____ How long? _____
Did you previously smoke? _____ How long? _____
2. Do you drink alcohol? _____ How long? _____
3. How much coffee or tea do you drink? _____
4. What do you usually do at work? _____
5. What are your working hours? _____ So you rotate shifts? _____
6. How many people live in your home? _____ Relationship to you: _____
7. How many bedrooms do you have? _____
8. Does any of your family members have a sleep problem or snore loudly? _____

XI. REVIEW OF SYMPTOMS

Do you have any of the following? (circle)

- Sore throat Dry throat Sinus trouble
Cough Wheezing Chest pain
Shortness of breath Heartburn Indigestion
Sour belches Swelling legs Frequent urination

Please list any other symptoms or problems that you may have that are not covered above. Elaborate on any symptoms indicated above if necessary.

M.D. Signature: _____ Reviewing M.D. Signature: _____